Hot Chocolate

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Ingredients

3/4 cup cocoa 1/2 cup sugar 1 cup dry milk will add: 1/4 cup coconut oil

Directions

Add to 6 cups of water to dry mix, and 1/4 cup coconut oil, and heat and stir until blended and hot. Yields 8 cups.

Serving Size: 1 cup

Nutrition Info

Calories: 154.8

Fat: 7.9g

Carbohydrates: 21.4g

Protein: 4.6g