

Garlic Skillet Biscuits

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Ingredients

2 cups flour
4 tsp baking powder
1/3 cup dry milk powder
1 tsp salt
1 tsp garlic powder
*will add 6 TBSP Coconut Oil

Nutrition Info

Calories: 200.3

Fat: 10.2g

Carbohydrates: 24.4g

Protein: 4.1g

Directions

Mix 6 TBSP coconut oil into dry biscuit mix until pea sized crumbs form. Lightly mix in 1 cup cool water, just until incorporated. Melt 1 TBSP oil in skillet and cook 4 biscuits at a time over low heat, dropping spoonfuls of dough and spreading each biscuit into an even thickness, for about 6 minutes per side. Repeat with another 1 TBSP oil and remaining 4 biscuits.

Serving Size: 1 biscuit

Number of Servings: 8

Recipe submitted by SparkPeople user SONIAMREAGAN1.