

Chuck Wagon Chili

Print Recipe

Ingredients

4 cups dry red kidney beans
1 cup dehydrated onions
2 cups dehydrated bell peppers
2 tsp crushed red pepper flakes
2 TBSP chili powder
1 TBSP salt
2 tsp pepper
1 tsp cumin
1 bay leaf
1/2 cup tomato powder
1 pint canned elk

Nutrition Info

Calories: 287.2

Fat: 7.2g

Carbohydrates: 43.5g

Protein: 13.7g

Directions

Soak beans overnight in 1 gallon water. Next day, drain, rinse and cover with 1/2 gallon fresh water in large pot, bring to boil, cover and simmer until tender - about 1 hour. Add in spice mix and undrained meat and 2 cups water. Cover and simmer on low about 1 more hour, adding more water as needed. Yields about 1 gallon. Serve with cornbread.

Serving Size: 2 cups